	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Me and Myself	Object Control	Object Control	Swimming	Invasion Games	Invasion Games	Invasion Games
Autumn 2	Movement Development	Object Control	Object Control	Net and wall games	Net and wall games	Net and wall games	Net and wall games
Spring 1	Throwing and Catching	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Swimming	Gymnastics
Spring 2	Working with others	Ball skills	Ball skills	OAA	OAA	Dance	Dance
Summer 1	Fun and games	Athletics	Athletics	Athletics	Athletics	Health Related Fitness	Swimming
Summer 2	Object Control	Striking and fielding games	Striking and fielding games	Striking and fielding games	Striking and fielding games	Striking and fielding games	Striking and fielding games